



# AO Trauma Course—Approaches and Fracture care in practice (With Human Anatomical Specimens)

October 15–16, 2026 Leiden, Netherlands

## Course description

This is an interactive practical course in which participants will be able to understand and practice surgical approaches and internal fixation techniques for fractures of the upper and lower extremities. The course will mainly concentrate on the practical trainings in which the participants will focus on the surgical approaches, definition of anatomical landmarks, fixation techniques and potential pitfalls.

At the conclusion of the course, participants will have a broader and more secure comprehension of approaches to fractures of the upper and lower extremities in clinical practice.

## Target participants

This two-day course is designed for general trauma surgeons and orthopaedic trauma surgeons, those in training and those who at some point need to refresh their anatomical and trauma-surgical knowledge and training.

## Information

Standard ticket: EUR 1049

Member ticket: EUR 945

Venue: Leiden University Medical Center (LUMC)

Course language: Dutch

## Learning objectives

- Demonstrate understanding of pre-operative decision making and the indications and contraindications of those decisions
- Identify anatomical landmarks per specific anatomical area
- Apply anatomical principals of dissection
- Identify potential risks of approaches per specific anatomical area
- Perform the standard surgical approaches to the wrist, forearm and elbow
- Describe and apply the most common principles of internal fixation in the wrist, forearm and elbow
- Perform the standard surgical approaches to the ankle and tibia plateau
- Describe and apply the most common principles of internal fixation in the ankle and tibia plateau
- Recognize and treat compartment syndromes of the lower and upper extremity.

## Chairpersons



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